

CORK COUNTY LIBRARY & ARTS SERVICE

Social & Personal Issues - Juvenile Collection

“The Right Book Can Make things Better”

A Useful Guide

Cork County Library

March 2015

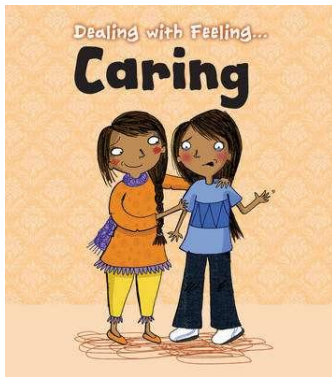
Subject Search: Social Issues - Juvenile Literature

Dealing with Feeling.....

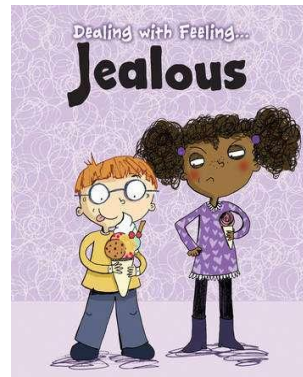
By Isabel Thomas

Each book in this series looks at a different emotion commonly experienced by young children. The books help readers to identify their emotions, and provide tips and advice on how best to express and deal with them.

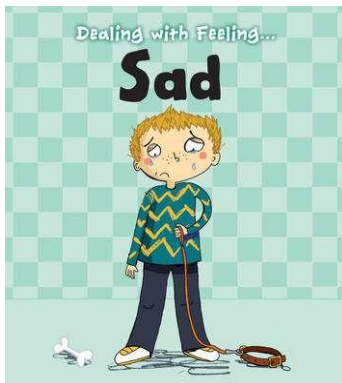
Caring



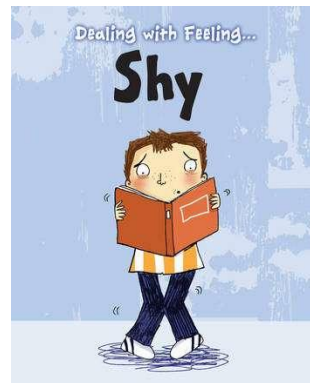
Jealous



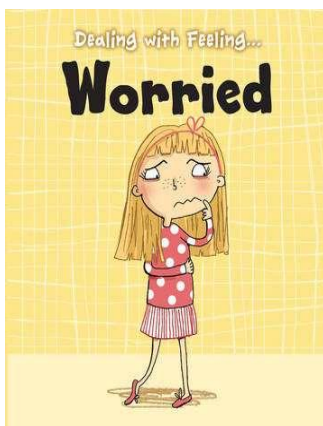
Sad



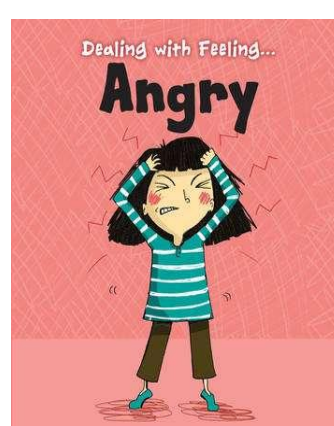
Shy



Worried

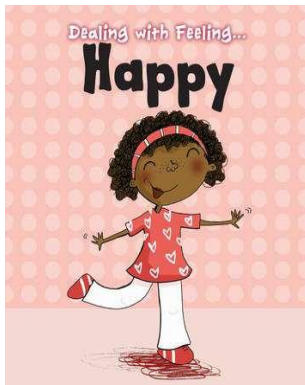


Angry



Happy

9781406250497

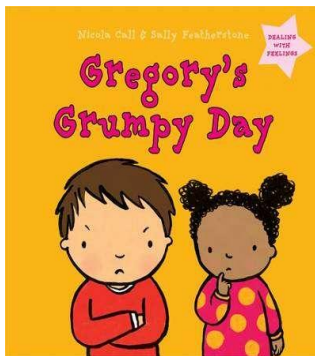


- Collection Code: J:ENF
- Subject search: Social Issues: Juvenile Literature
- Series search: Dealing with feeling....

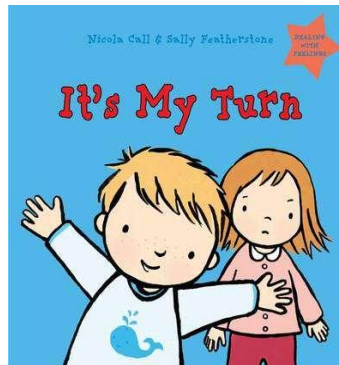
Dealing with Feelings by Nicola Call & Sally Featherstone

Each of the simple stories in the Dealing with Feelings series, illustrated by Melissa Four, explores a familiar childhood experience. These stories help children to process and understand a variety of emotions, while helpful tips at the back of the book suggest ways for parents and practitioners to build on the understanding in many creative and fun ways.

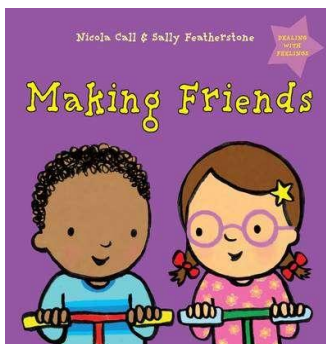
Gregory's Grumpy Day



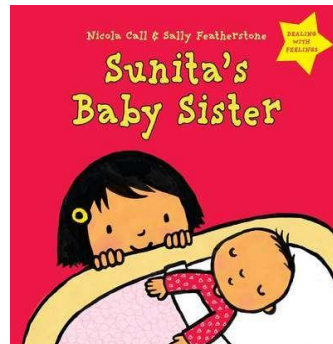
It's My Turn



Making Friends

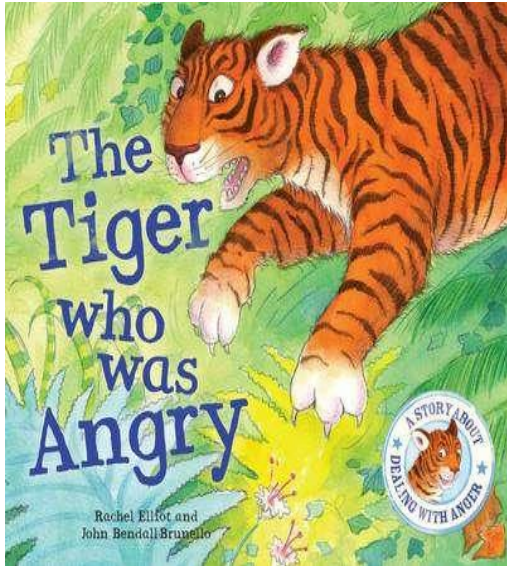


Sunita's Baby Sister

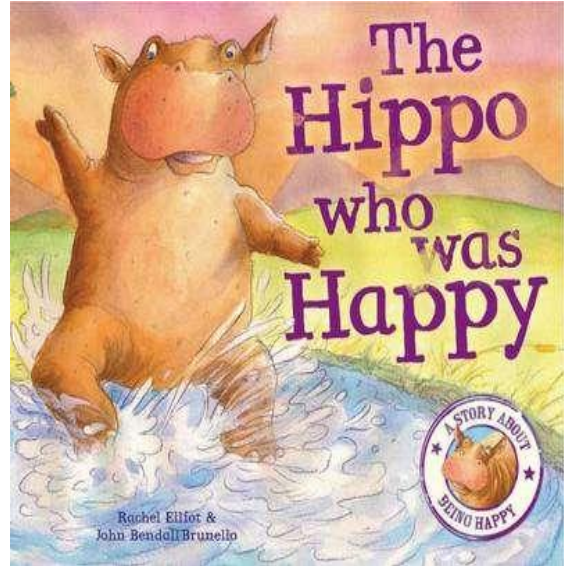


Rachel Elliot: a series of illustrated stories covering four feelings: happiness, sadness, fear and anger. A happy hippo, an angry tiger, a sad zebra, and a scared elephant allow young children to understand and learn to cope with these emotions.

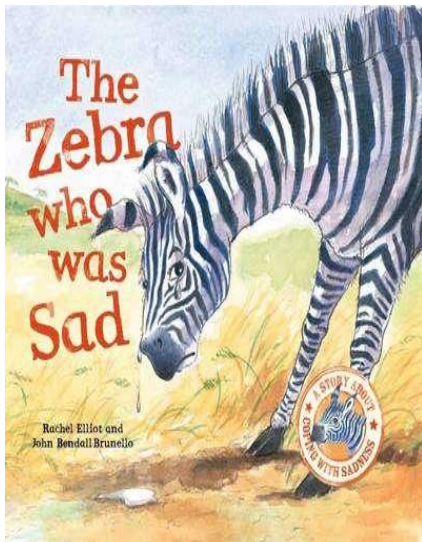
The Tiger Who Was Angry



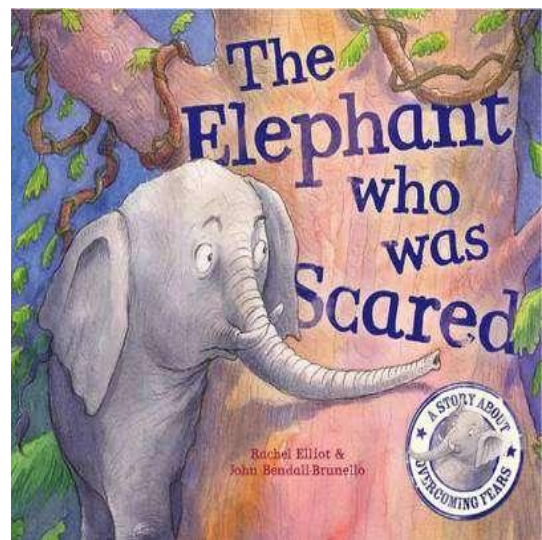
The Hippo Who Was Happy



The Zebra Who Was Sad

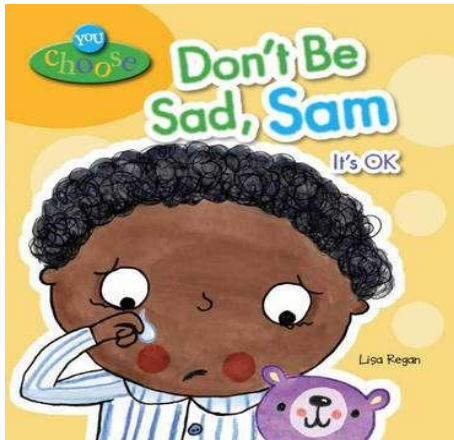


The Elephant Who Was Scared

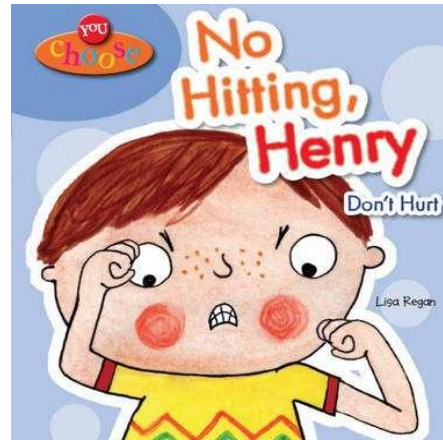


You Choose! Doing the right thing isn't always easy! This series explores different scenarios that a child can face and looks at ways to deal with dilemmas about different social situations. It looks at the choices that everyone has to make and the consequences of those choices.

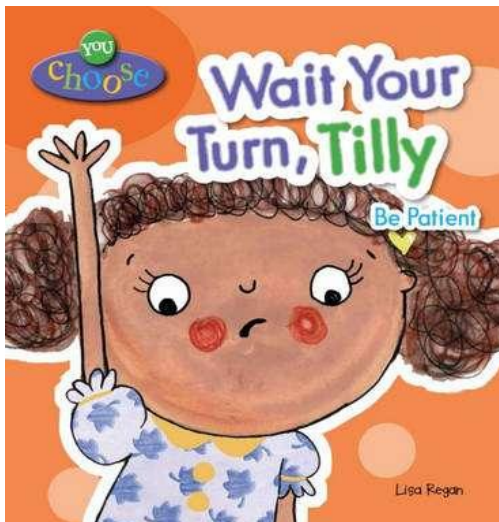
Don't be Sad, Sam



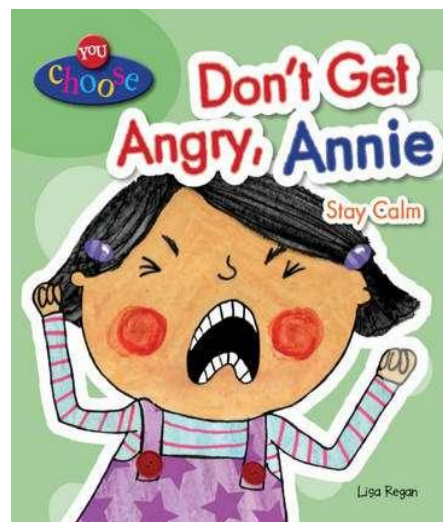
No Hitting, Henry



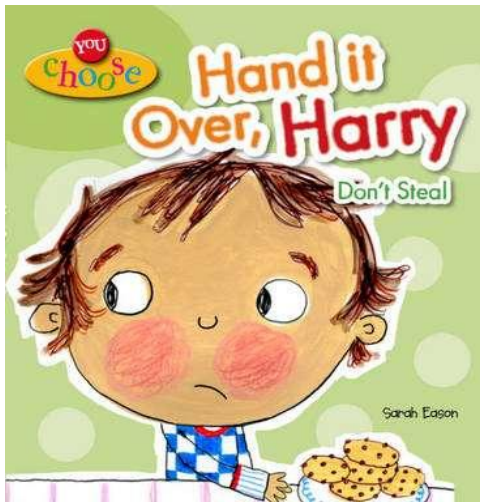
Wait Your Turn, Tilly



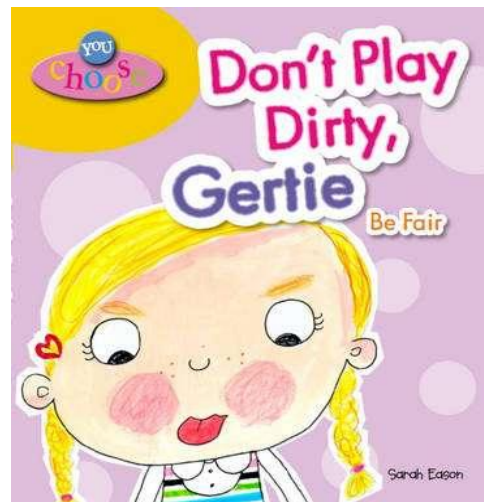
Don't Get Angry, Annie



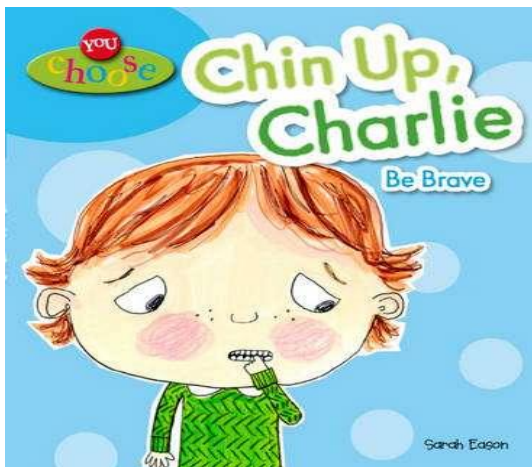
Hand it Over, Harry



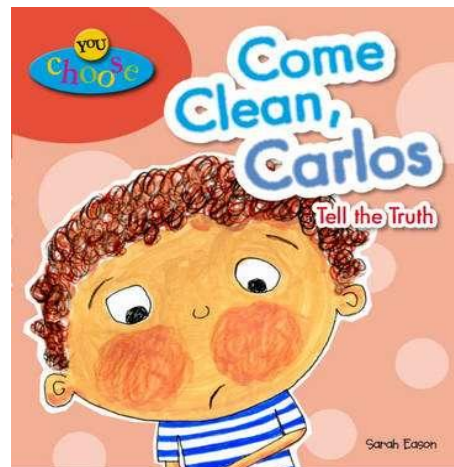
Don't Play Dirty, Gertie



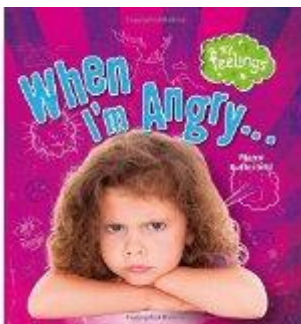
Chin Up, Charlie



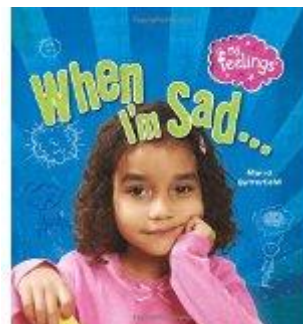
Come Clean, Carlos



My Feelings: A series by Moira Butterfield which takes a playful look at the most common, everyday feelings that young children have but often don't know how to channel or express.

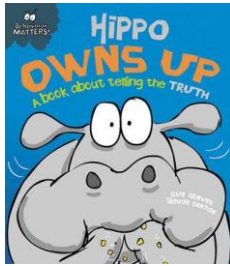


When I'm Angry

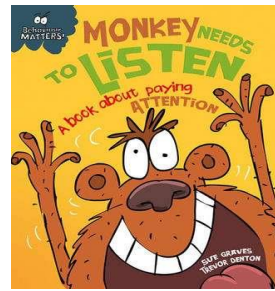


When I'm Sad

Behaviour Matters! By Sue Graves

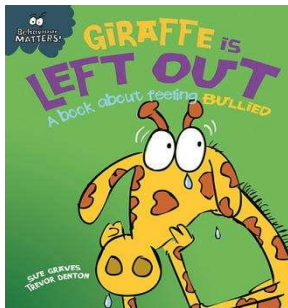


Hippo Owns Up - A Book About Telling the Truth

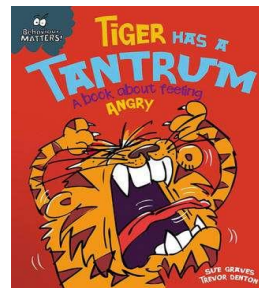


Title to follow

Monkey Needs to Listen – A book about paying attention



Giraffe is Left Out - A Book About Feeling Bullied



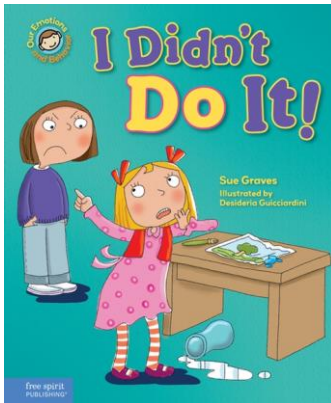
Title to follow

Tiger Has a Tantrum: A Book about feeling Angry



Our Emotions and Behaviour Series
by Sue Graves and illustrated by Desideria Guicciardini

Small children have big feelings. The Our Emotions and Behavior series uses cheerful, brightly illustrated stories to help kids understand how their emotions and actions are related—and how they can learn to manage both. Follow along as Noah, Ben, Nora, and their friends discover ways to deal with fears, sadness, rules, and sharing. At the end of each book, a two-page series of pictures invites kids to tell a story in their own words. A special section for adults suggests discussion questions and ideas for guiding children to talk about their feelings.



I Didn't Do It!

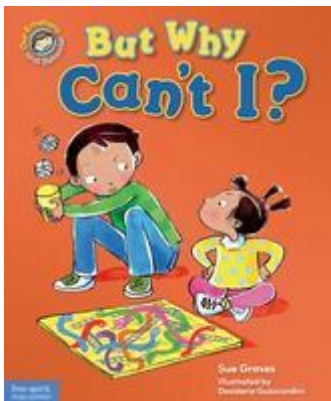
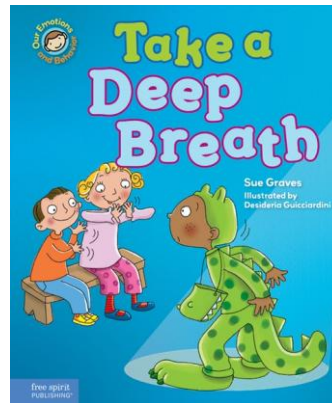
A book about telling the truth

Telling the truth isn't always easy, especially for young children. Everyone is mad at Poppy because she didn't tell the truth, and Poppy feels bad. Join Poppy and her friends as they learn that everyone does something wrong sometimes, and it's always better to tell the truth. *I Didn't Do It!* uses simple, easy-to-read text to help kids understand why it's best to tell the truth.

Take a Deep Breath

A book about being brave

Lucy is afraid of dogs, Josh doesn't like to go in the pool, Dan doesn't want the nurse to touch his bruised knee, and Ben is afraid to go on stage in front of people. These friends learn that when something scares them, they can take a deep breath and feel brave enough to get through their ordeals. This cheerful and reassuring story shows that positive coping skills can help kids deal with being afraid, and children can be brave even when things seem scary.



But Why Can't I?

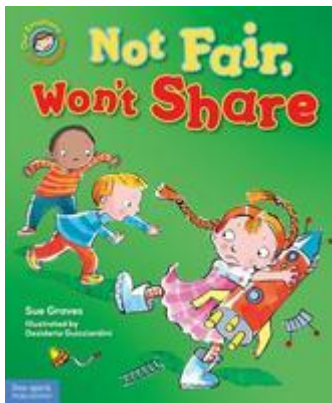
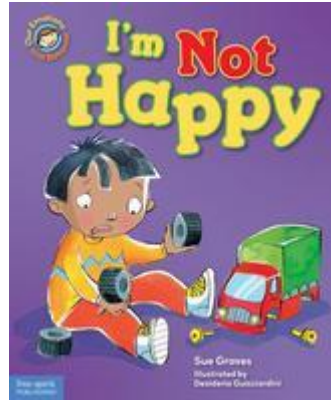
A book about rules

Kids and rules don't always make a perfect match right away. *But Why Can't I?* explores these feelings using simple text, cheerful illustrations, and a light touch of humor. When Jenny comes over to babysit, Noah doesn't want to do what she says. Rules for games, rules for bedtime—rules, rules, rules! But Jenny helps him understand that adults have to follow rules as well as kids, and rules help keep everybody safe, healthy, and happy.

I'm Not Happy

A book about feeling sad

Big feelings are part of daily life for small kids, and happiness just isn't always within reach. Unwelcome events, from a broken toy to a missing pet, bring on sad feelings that can darken kids' days. In this charming feelings book, follow along as Ben helps cheer up his friends and shows how kids can turn sadness into smiles. *I'm Not Happy* uses simple, easy-to-read text to present positive coping skills for children to use when they feel sad.



Not Fair, Won't Share

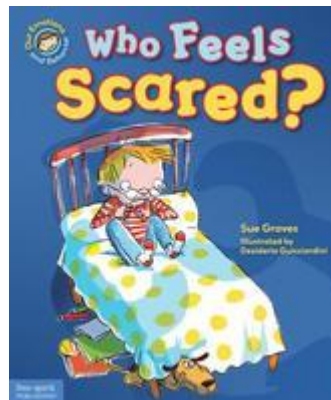
A book about sharing

Playing fairly doesn't always come naturally to kids—and sharing isn't always easy. Plus, the hurt feelings that happen when others won't share can make matters even worse. Nora, Henry, and Dan find this out when Miss Clover builds a special space station in their classroom. Everyone wants to play at once! Can they figure out how to share? *Not Fair, Won't Share* shows that when kids get frustrated and mad, there are ways for them to calm down.

Who Feels Scared?

A book about being afraid

From pets to grown-ups, everybody sometimes feels fear. And children, grown-ups, and animals aren't all afraid of the same things. Jack and his friends Ravi and Kevin discover this when they have a sleepover—one that unexpectedly includes a few scares! *Who Feels Scared?* is a cheerful and reassuring story that shows that positive coping skills can help kids deal with fear, and children can be brave even when things seem scary.

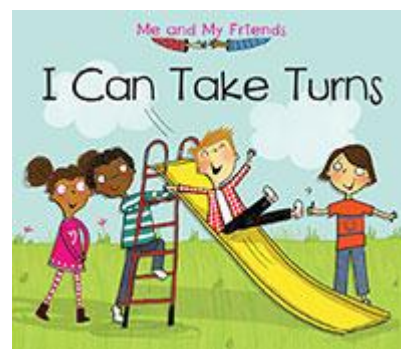


Me and My Friends (Acorn Books)

Books in this series look at some of the essential skills and behaviours that children need to develop in order to successfully interact with their peers. Levelled text with repeated use of high frequency words makes the books perfect for beginning readers, while bright, colourful illustrations complement the text and maintain readers' interest.

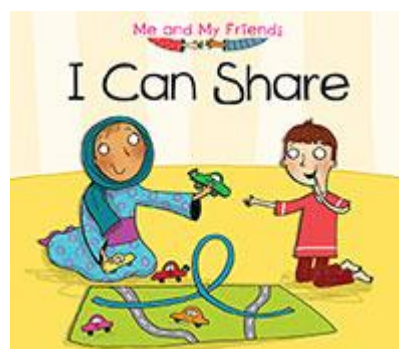
I Can Take Turns

This book takes a very simple look at taking turns. Levelled text with repeated use of high frequency words makes the book perfect for beginning readers, while bright, colourful illustrations complement the text and maintain readers' interest.



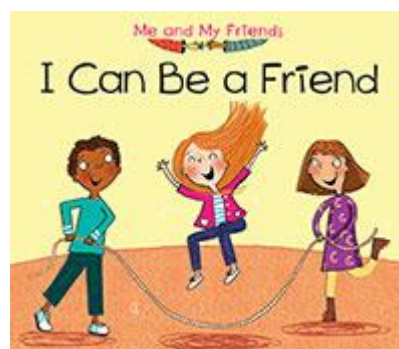
I Can Share

This book takes a very simple look at sharing. Levelled text with repeated use of high frequency words makes the book perfect for beginning readers, while bright, colourful illustrations complement the text and maintain readers' interest.



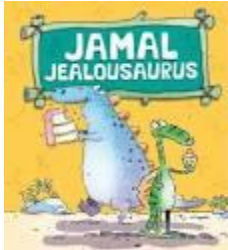
I Can Be a Friend

This book takes a very simple look at what children need to do in order to be a good friend. Levelled text with repeated use of high frequency words makes the book perfect for beginning readers, while bright, colourful illustrations complement the text and maintain readers' interest.

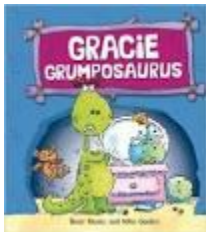


Dinosaurs Have Feelings, Too! by Brian Moses.

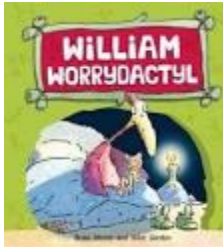
A series helping children to learn about their emotions, with notes for parents & teachers.



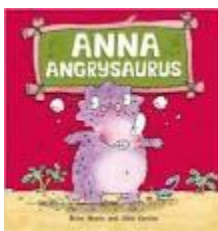
Jamal Jealousaurus was a very jealous dinosaur. He was jealous of everything, from his brother's skill at games to his friends new bikes. Would he ever be able to stop feeling jealous of other people and their things?



Gracie Grumposaurus was a very grumpy dinosaur. From first thing in the morning until last thing at night, Gracie was a grump. Her parents tried everything to cheer her up, but nothing worked. Would anything make her smile? If you've got a child who's feeling sad, this book will surely cheer them up.



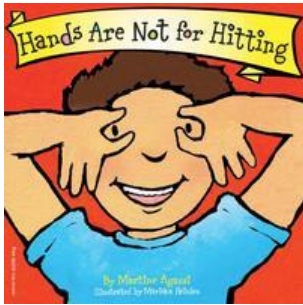
William Worrysaurus was a little dinosaur with big worries. He worried every day about everything, from being scared of the dark to not being as good as his friends. Will he ever be able to stop worrying?



Anna Angrysaursus was a very angry dinosaur. She got angry when her brother beat her at games, or when she couldn't watch what she wanted to on television. She roared, howled and stamped her feet. Will she ever be able to keep calm?

A perfect book to share with children to show that everyone gets angry sometimes, but there are ways of coping with these feelings.

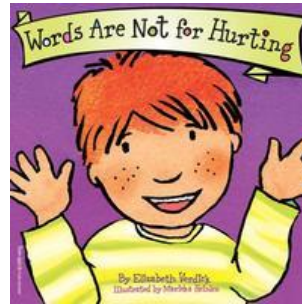
Good Behaviour Series



Hands Are Not for Hitting

by Martine Agassi, Ph.D., and illustrated by Marieka Heinlen

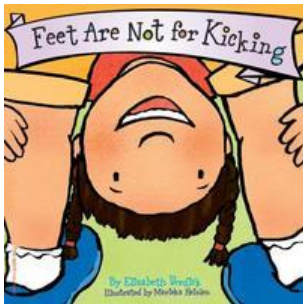
It's never too soon for children to learn that violence is never okay, hands can do many good things, and everyone is capable of positive, loving actions. In this bright, inviting, durable board book, simple words and full-color illustrations teach these important concepts in ways even very young children can understand.



Words Are Not for Hurting

by Elizabeth Verdick, and illustrated by Marieka Heinlen

Children are known for speaking their minds. We can't expect them to watch every word, but we can help them understand that their words affect other people. We can gently guide them to choose words that are helpful instead of hurtful, and to say two very important words—"I'm sorry"—when hurtful words come out before they can stop them.

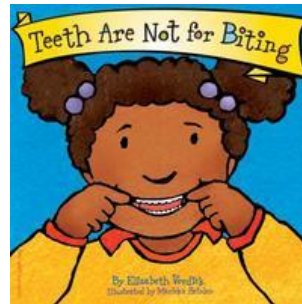


Feet Are Not for Kicking

by Elizabeth Verdick, and illustrated by Marieka Heinlen

"Look at those feet! Aren't they sweet?" Yes—when they're walking, standing, leaping, and landing. And when they're kicking balls or leaves. But not when they're kicking people!

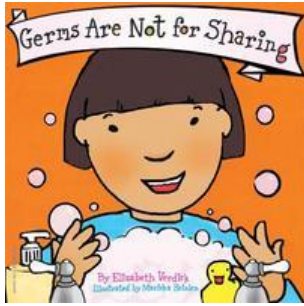
In simple words and charming full-colour illustrations, this book helps little ones learn to use their feet for fun, not in anger or frustration. It also includes tips for parents and caregivers on how to help toddlers be sweet with their feet.



Teeth Are Not for Biting

by Elizabeth Verdick, and illustrated by Marieka Heinlen

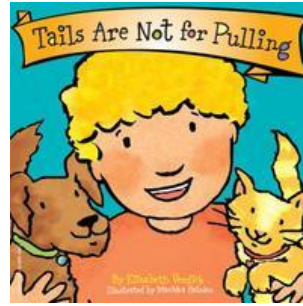
Sooner or later, almost all young children will bite someone—a friend, a parent, a sibling. This upbeat, colourful, virtually indestructible book helps prevent biting and teaches positive alternatives. *Teeth Are Not for Biting* gives reasons why children might want to bite. Little mouths feel sore when new teeth come in; sometimes kids bite when they're hungry, tired, cranky, frustrated, angry, bored, distressed, or seeking attention.



Germs Are Not for Sharing

by Elizabeth Verdick, and illustrated by Mariëka Heinlen

Achoo! Cough! F-L-U-S-H! What to do? In childcare, in preschool, at home, and everywhere, toddlers need to learn that germs are not for sharing. Rather than focus on what germs are, this book teaches the basics of not spreading them: Cover up a sneeze or cough. Hug or blow kisses when you're sick. And most of all, wash your hands! Child-friendly words and full-colour illustrations help little ones stay clean and healthy.

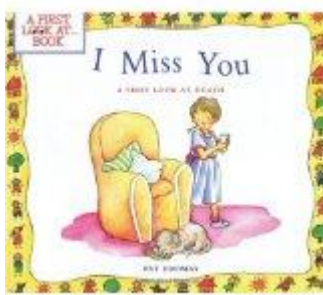


Tails Are Not for Pulling

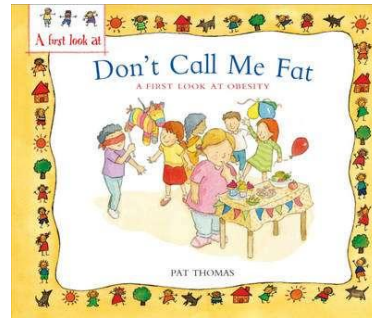
by Elizabeth Verdick, and illustrated by Mariëka Heinlen

If pets could talk, what would they say? Maybe “Fur is for petting, backs are for scratching, noses are for nuzzling . . . and tails are not for pulling!” Toddlers and pets belong together—as long as toddlers don't chase, grab, squeeze, yank, and tease. In simple words and delightful illustrations, this book teaches the basics of kindness to animals: careful handling, awareness, safety, and respect.

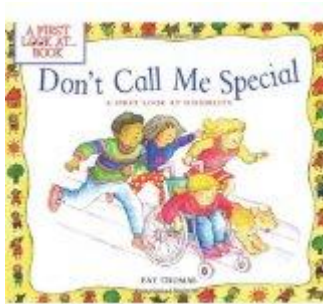
A First Look at Series



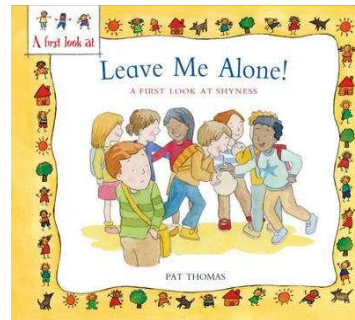
I Miss You – A First Look at Death



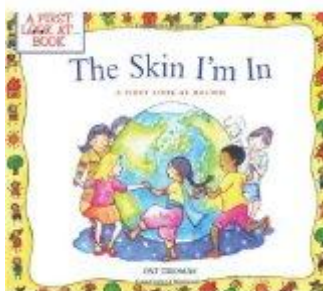
Don't Call me Fat – A first look at Obesity



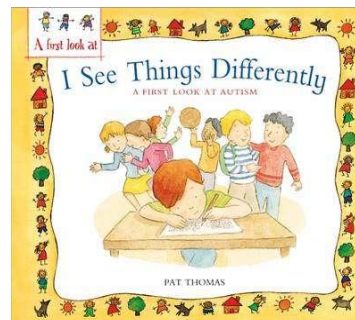
Don't Call Me Special: A First Look at Disability



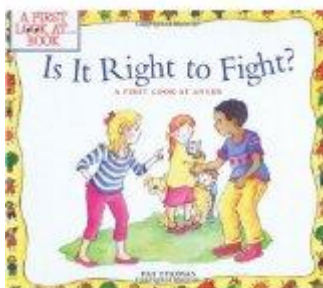
Leave Me Alone!: A First Look at Shyness



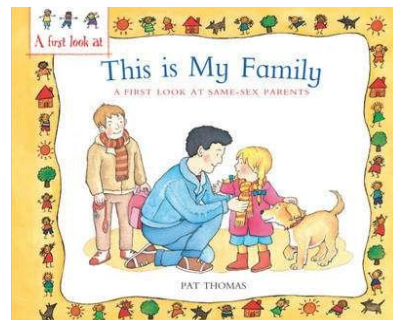
The Skin I'm in: A First Look at Racism
Autism



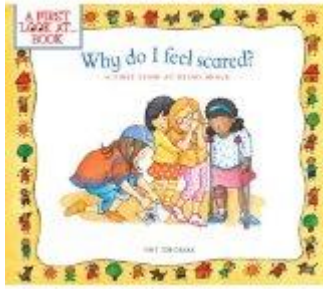
I See Things Differently: A first look at



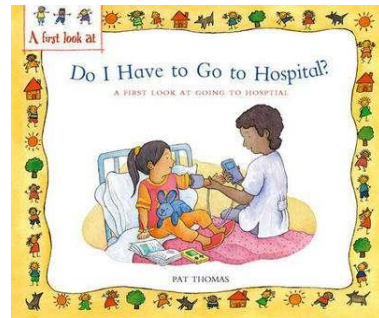
Is It Right To Fight?: A First Look at Conflict



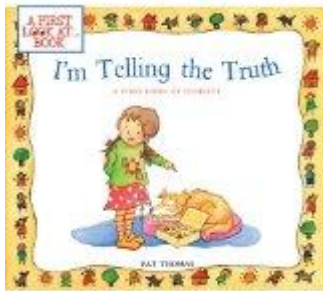
This is My Family: A First Look at Same Sex parents



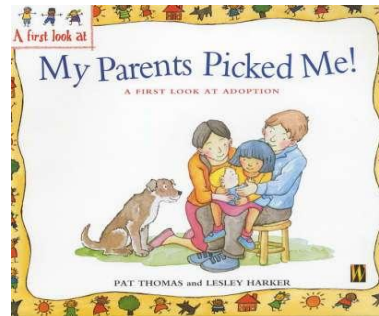
Why Do I Feel Scared?: A First Look at Being Brave



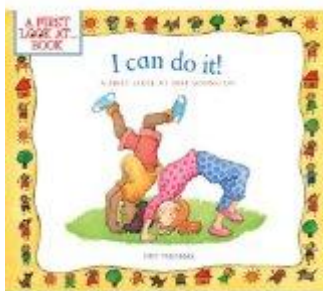
Do I have to Go to Hospital?



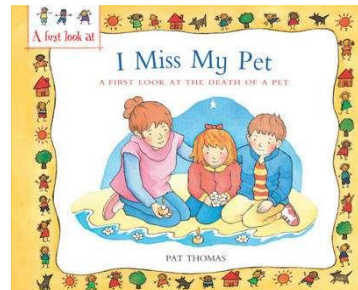
I'm Telling the Truth: A First Look at Honesty



My Parents Picked Me: First Look at Adoption



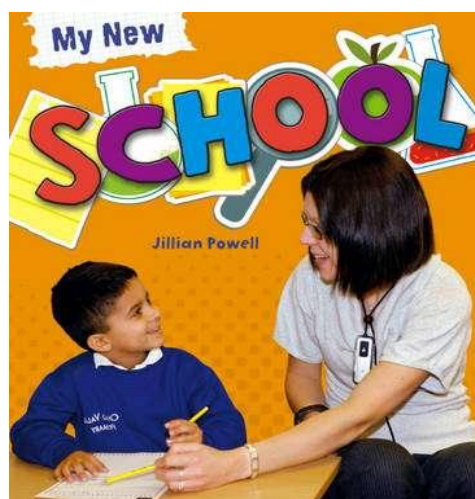
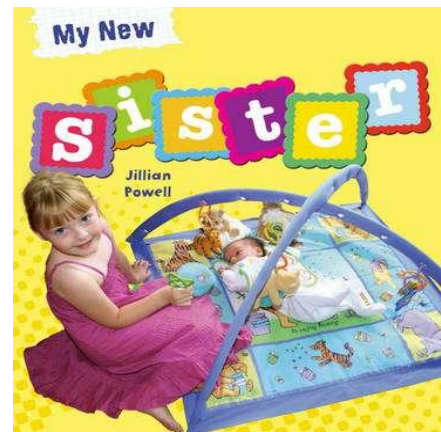
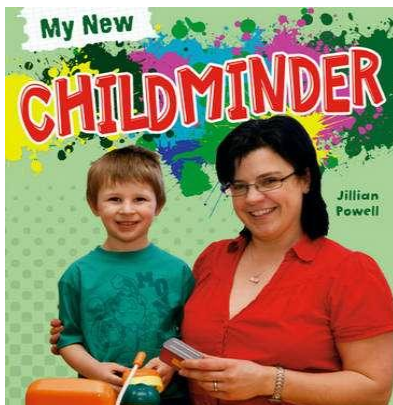
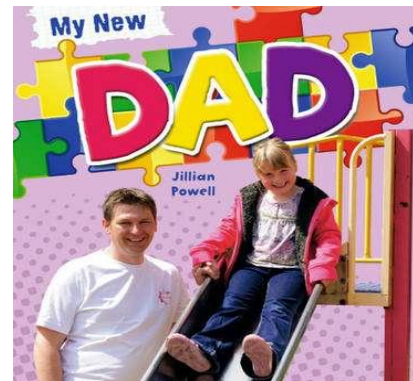
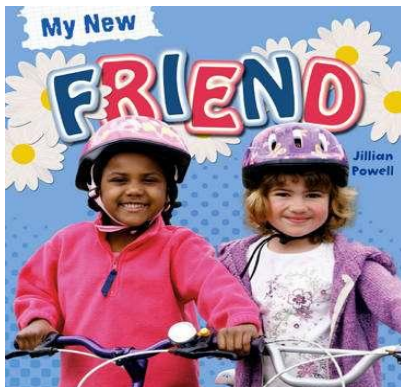
I Can Do It!: A First Look at Not Giving Up



I Miss My Pet: A First Look at when a pet dies

My New.... first experiences

Having a new experience is exciting, but sometimes it can cause children to feel worried. This series address 5 different first experiences:



Feelings, Worries & New Experiences

Little Mouse & the Red Wall: Teckentrup, Britta (Picture book about facing our fears, discovering hope & welcoming change).

A Book of Feelings: McCardie, Amanda

Feelings; inside my heart & in my Head: Jones, Richard

The Lion Inside: Bright, Rachel (A story about being brave)

Monsters Don't Cry! McKee, B. (A story about being brave)

The Star-Faced Crocodile: Melling, David (A story about being yourself)

The Great Book of Feelings: Hoffman, M.

How are you Feeling today? Potter, Molly

How are you Feeling today, Baby Bear? (For children living in stormy homes) Evans, J.

Have you filled a bucket today? : McCloud, C. (A Guide to daily happiness for Kids)

All Kinds of Feelings: Brownjohn, Emma.

Oliver: Sif, B. (A story about being different)

Brown Rabbit in the City: Russell, Natalie

Snowflakes: Burnell, C. (New beginnings and making friends)

The Seeds of Friendship: Foreman, Michael (Moving home & making friends)

My New Home: Altes, Marta. (A story about moving to a new home and making new friends)

Baby Bear and the Big Wide World: Kolanovic, D. (A story about friendship & new experiences)

The Worry Box (perfect for children with occasional worries); Chiew, Suzanne

Morris & the Bundle of Worries: Seeney, Jill

When My Worries Get Too Big: Buron, K.D.

The Huge Bag of Worries: Ironside, Virginia

Mummy's Home! MacGregor, Christopher

My Daddy's Going Away: MacGregor, Christopher

Depression & Mental Illness

The Colour Thief: Peters, A.F.

Why are you so sad? Andrews, B.

Talking about Myself: Depression: Neustatter, A.

Brandon & The Bi-polar Bear

Darcy Daisy and the Firefly Festival

My Friend Daniel Doesn't Talk

Families:

Two Homes: Masurel, Claire

Two Nests: Anholt, Laurence

Monday, Wednesday & Every other Weekend: Stanton, Karen

Daddy's Getting Married: Moore, J.

Mum & Dad Glue: Gray, Kes

Saturday is Dadurday: Pulver, Robin

Living with Mum & Living with Dad: Walsh, Melanie

All Kinds of People: Damon, Emma.

The Great Book of Families: Hoffman, M.

When Parents Separate (Questions & Feelings About series): Hewitt, Dawn

Adoption:

Croc & Bird: Deacon, A.

We Belong Together: Parr, Todd.

The Most Precious Present in the World: Edwards, Becky

The Dinosaur Friends

Dachy's Deaf Emmy's Eczema Rex's Specs Steggie's Stammer

Hospital/ Doctor

Usborne First Experiences: Going to the Hospital

George Visits the Doctor: Smee, Nicola

George Goes on a Plane: Smee, Nicola

George Goes Swimming: Smee, Nicola

Jim & Betty First Experiences: Jim Goes to Hospital

Visiting the Doctor: Dorling Kindersley

Dino Tales: Life Guides for Families

Dinosaurs Divorce

When Dinosaurs Die

Dinosaurs Go Green!

Bereavement & Grief

Duck, Death and the Tulip: Elbruch, W.

The Memory Tree: Teckentrup, B.

Goodbye Grandma: Walsh, Melanie

Brodie: Cowley, Joy.

The Blue Butterfly: Menezes, S.

The Balloon Cloud: Hanlon, C.

I've Seen Grandad! Duffy, June

The Scar: Moundlic, C.

Missing Mummy: Cobb, Rebecca

A Year With Marmalade: Reynolds, A.

The Resolving Bereavement Grief with your Child Book: McAuslan, F.

When Someone Dies (Questions & Feelings About series): Hewitt, Dawn

Walker First Experiences with Billy & Bee!

Let's Go to the Seaside!

Let's Go to Nursery!

Let's Go to the Farm!

Todd Parr Books – books about Love, Kindness & Feeling Good!

The I'm Not Scared Book

Reading Makes you Feel Good

The Peace Book

The Feel Good Book

The Feelings Book

It's Okay to be Different

The Daddy Book

The Mommy Book

The Family Book

Other Social Issues

I can Be Me (A book for children of alcoholic parents): O'Connor, D.S.

The Survival Guide for Kids with Behaviour Challenges: McIntyre, T.

The Survival Guide for Gifted Kids: Galbraith

The Survival Guide for Kids with ADHD: Taylor

It's Good to be Me! (Boosting self-esteem): Spilsbury, L.

This Morning Sam Went to Mars (a book about paying attention): Carlsen, Nancy