



Does **your home** allow
you to **Age in Place** with
Independence?

About the Healthy Age Friendly Home Programme

The Healthy Age Friendly Homes Programme aims to support older people to live in their own home with dignity and independence, for as long as possible. The programme's ambition is to enable everyone to live longer healthier lives by keeping care close to home and expanding the range of health and social care services in the community. It is about providing a range of alternatives for older people who may otherwise transition into long term residential care prematurely.

To do this we have appointed a Healthy Age Friendly Homes Coordinator in each Local Authority. Each coordinator will case manage a support package for each person referred, linking the supports from the variety of public, voluntary, private and community agencies in the area.

The coordinator will carry out a home based assessment and, in partnership with the older person, will identify and design a range of supports to enable the older person to continue living independently.

The 'Healthy Age Friendly Homes' programme is available in every Local Authority Area.

4 Key Objectives

1

Enable older people to continue living in their homes or in a home more suited to their needs

2

Live with a sense of independence and autonomy

3

Be and feel part of their Community

4

Support the avoidance of early or premature admission to long term residential care



What are the benefits to you?

- ▶ The Healthy Age Friendly Homes Coordinator will carry out a needs assessment to establish what supports are required to enable you to continue living independently in your own home for longer
- ▶ A person-centred support plan will be developed post assessment
- ▶ Information can be provided on adapting your existing home and the relevant grants available to support you to make those changes, with a focus on universal design and energy efficiency. The Healthy Age Friendly Homes Coordinator can provide you with information on right sizing within your community/county/city as appropriate.
- ▶ The coordinator can provide you with access to a range of housing, health and social care supports to help you decide on what you need to enable you to live the life you want to the best of your ability within your community.

Age Friendly Ireland | Shared Service function of Local Government

The Age Friendly Shared Service involves a multi-agency, multi sectoral approach to age related planning and service provision. The service helps cities and counties to be more inclusive of older people by addressing their expressed concerns and introducing practical responses aimed at improving the quality of life of all citizens. Age Friendly Ireland (AFI), a shared service function of local authorities, hosted by Meath County Council operates through a national network of Age Friendly Shared Services in every local authority area.



If you would like to arrange a visit from your local coordinator please contact our national office.

National Office

 046 924 8899

 healthyagefriendlyhomes@meathcoco.ie

 www.agefriendlyireland.ie

